



REGIONAL PLAN EXECUTIVE SUMMARY Fiscal Year 2011

INTRODUCTION & FRAMEWORK

Kentuckiana Regional Planning and Development Agency (KIPDA) has been designated the Area Agency on Aging in accordance with the regulations set forth in Title III of the Older Americans Act of 1965, as amended. The Department for Aging and Independent expanded the name and thus responsibilities of the Area Agencies on Aging in Kentucky in 2007; now named Area Agencies on Aging and Independent Living. As the Area Agency on Aging and Independent Living (AAAIL), KIPDA is responsible for administration of federal and state funded programs for the elderly, caregivers, family members, grandparents, persons with disabilities and the general community in the Kentucky counties of Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer and Trimble, which comprise the KIPDA AAAIL service area.

The 2011 KIPDA Regional Plan update describes the provision of services to older adults, caregivers, family members, grandparents, persons with disabilities and the general community throughout the region. The Department for Aging and Independent Living established the framework for this four year plan (2008 – 2011) and is written as a requirement of the Older Americans Act. The plan describes a comprehensive network of service providers including KIPDA Area Agency on Aging and Independent Living that provide a variety of programs and services to the citizens of the Region. The network of providers is selected through a procurement process, which occurs on an established procurement cycle and as needed when funds become available from surplus or other sources. All funds for the following programs come from Title III & Title VII of the Older Americans Act, CMS and State General Funds. KIPDA occasionally receives additional funds through grants and partnerships to support the provision of services through this network. During FY 2010, KIPDA did not sustain a reduction in State General funds and all funds reduced during FY 2009 were restored. In the absence of an allocation for FY 2011, this plan has been prepared with the amount of funds available to KIPDA in FY 2010. The projected annual budget for all social service programs administered by KIPDA through the Division of Social Services during FY 2011 is anticipated to be approximately **\$10,850,000, excluding CDO**. CDO accounts for approximately \$2,500,000 in Medicaid funds which are to be paid for CDO client service expenses, Support Broker and Financial Management services.

The Older Americans Act, Section 301. (a)(1), states, "...the purpose of this title is to encourage and assist State agencies and Area Agencies on Aging to concentrate resources in order to develop greater capacity and foster development and implementation of comprehensive and coordinated systems to serve older individuals by entering into new cooperative arrangements...for the planning, and for the provision of, supportive

services, and multipurpose senior centers.” Likewise, the Department for Aging and Independent Living allocate State General funds to assure a comprehensive, coordinated system of care is available and accessible throughout the Commonwealth to older adults, caregivers, family members, grandparents, persons with disabilities and the general community. This network of services is intended to be designed to facilitate an individuals’ ability to secure and maintain maximum independence and dignity in a home environment with appropriate supportive services; remove individual and social barriers to economic and personal independence; provide a continuum of care for vulnerable persons with disabilities and older individuals; and secure the opportunity for persons with disabilities and older individuals to receive managed in-home and community-based long-term care services. Thus, services are implemented through cooperative and collaborative efforts with state and local governments, communities, and other entities interested in assuring the people residing in their communities are able to access quality services and are able to live healthy, independent and secure lives as long as they can in the environments of their choice. This collaborative effort is met through a variety of means including but not limited to a variety of funding sources, donations, in-kind support, staffing support and volunteers. The goal is to create, maintain and continuously develop a strong network of programs and services that will enrich our communities in a variety of ways.

KIPDA intends to facilitate the continued development of this network of programs, services and activities by supporting the provision of Support Services, Homecare and Adult Day Care Services, the Personal Care Attendant Program, Consumer Directed Options waiver services, The State Health Insurance Program, the Long Term Care Ombudsman Program, the Family Caregiver Program, Health Promotion and Disease Prevention services, the Nutrition Program for the Elderly, the functions of Service Sites, Nutrition Sites, Senior Centers, and Focal Points (Multi-Purpose Centers) in addition to continuing an Aging and Disability Resource Center. KIPDA anticipates additional grant opportunities and as awarded, will become prepared to implement for the expansion or addition of services for eligible seniors, Medicare beneficiaries and persons with disabilities.

MISSION

The mission of KIPDA Area Agency on Aging and Independent Living is to promote and ensure meaningful, timely, *person-centered services* are available for all older adults, caregivers, family members, grandparents, persons with disabilities and the general community to improve their health, safety and overall well-being, and to provide leadership to the network serving persons who are aging or persons with disabilities through planning and coordination.

VISION

KIPDA Area Agency on Aging will be a leader in the nation in the coordination, planning and implementation of a comprehensive and coordinated system of care and support to older citizens, caregivers, family members, grandparents, persons with disabilities and the general community of this region, facilitating their ability to live in the environment of their choice; and will foster and embrace environments and practices that promote healthy aging, wellness and prevention.

REGIONAL PROFILE

As the Area Agency on Aging and Independent Living (AAAIL), KIPDA is responsible for administering federal and state funded programs for the citizens of the Kentucky counties of Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer and Trimble, which comprise the KIPDA AAAIL service area. According to the Kentucky Data Center, approximately 17% of persons living in the KIPDA Region are 60 years old and above and 21.18% of all persons in Kentucky who are 60 and above live in the KIPDA Region. Yet,

another perspective is that 16.5% of all persons in Kentucky who are 60 and above live in Jefferson County. According to the Population Division of the U.S. Census Bureau population estimates released on May 14, 2009 19.9% of persons 60 and older live in the rural counties in the KIPDA region and 80.07% live in Jefferson County. Approximately, 19.2% of older persons in the region are low income and 20.4% of low income seniors are minorities. Minority seniors represent 19.5% of the total senior population in the KIPDA region. The population in the region is very diverse and represents a wide range of demographics, needs and interests, for persons with disabilities and older adults.

There is also a higher concentration of other populations served through KIPDA administered programs. For example, more than 20% of all Medicare beneficiaries reside in the KIPDA region (primarily Jefferson County). Kentucky's caregiver numbers are continuing to increase. The National Family Caregiver estimate Kentucky has approximately 510,000 caregivers (family member or other person caring for someone 50+). It is estimated that the KIPDA region approximately 21% of the state's caregivers reside in the KIPDA region. During FY 2009, the Department for Aging and Independent Living temporarily suspended the KY Caregiver (grandparents raising grandchildren program) due to budget limitations. It should be noted that of all the caregivers statewide, 35,818 are estimated in Kentucky to be grandparents raising their grandchildren, with 3,061 residing in Louisville. The numbers of individuals with Alzheimer's disease continues to increase and will grow exponentially as the older adult population increases. Kentucky has the second highest percentage of people with disabilities in the entire nation. Census data for 2003 indicates that of the 874,156 people age (50+) in Kentucky, many have some type of disability. Approximately 18.25% (or 159,567) of these individuals live in the KIPDA region.

As indicated earlier, the KIPDA region is very diverse and represents a wide range of demographics, needs and interests. KIPDA AAAIL and its provider/service network and partners continuously plan, develop and implement programs and services that meet the varied needs and interests of this community. The network must be progressive and forward thinking, acknowledging limitations in funding and resources, but considering and taking advantage of every opportunity to move forward in its development.

Listed below is an overview of the programs and services supported by funds from the Department for Aging and Independent Living, the Administration on Aging and other funds and resources utilized for support.

AGING AND DISABILITY RESOURCE CENTER

The Kentucky Department for Aging and Independent Living states that the vision and mission of the Aging and Disability Resource Center (ADRC) is a natural progression to facilitating the transformation of long-term care in Kentucky. Although funds are no longer received by DAIL for this service, it is a center that continues to operate on various sources of funds available to support the staffing for this service. The ADRC includes the following:

- Operational Call Center
- Intake and Assessment Capacity
- Information, Assistance and Referral Services
- Resource Counseling
- Benefits Counseling

- Eligibility Determination
- I & R Resource Data Base
- Upload Data into KY Resource Market
- Aging and Disability Advisory Council
- Other Activities and Tasks as Necessary

KIPDA Area Agency on Aging and Independent Living began the process of implementing the ADRM during fiscal year 2007 - hiring, re-deploying and training staff, creating policies and procedures, restructuring the environment, purchasing required software, and assessing the budget to determine needed financial support for the initiative. During FY 2009, KIPDA experienced the loss of funding to sustain this initiative, but has continued conduct services as an ADRC to serve the needs of the public. In FY 2011, KIPDA will continue this service with support from administrative funds as well as the continuation of the special (MIPPA) grant.

KIPDA is implementing the ADRC functions and has six call center staff whose responsibilities include intake and assessment, information, assistance and referral, resource and benefits counseling. Planning staff are also engaged in the functions of the ADRC, primarily as Resource Counselors, but serve in other capacities as well. KIPDA is utilizing the required data base (BEACON) for resources and continues to use ServTracker to document activities of the ADRC.

SENIOR CENTER AND SUPPORT SERVICES

As the demographics of our communities continue to shift and change, our programs and service network must adjust to meet the needs and provide opportunities for its citizens. In particular, the service network must continue to develop and evolve into a system that has the ability to reach all of its older adults and particularly the younger old who are embarking upon eligibility for services. KIPDA strives to maintain the momentum of creating a progressive network of opportunities and assure the availability of services to all members of the community and particularly older persons and persons with disabilities. Supportive services are part of this network of opportunities and services. These services are provided through focal points, senior centers, service sites, and other provider entities and partners throughout the region.

The older adult and disability population living in our communities today is diversified. The service network has a responsibility to offer services and opportunities that will engage this population regardless of their functionality, activity level or interest. The network must promote the concept of healthy, positive and active aging for all persons, optimizing the opportunities for health, participation, and security in order to enhance quality of life. The word active implies the ability to continue participation in social, economic, cultural, spiritual, and civic affairs. It is not just the ability to be physically active. It implies healthy aging where “health” is defined more globally to include physical, mental, and social wellbeing. An active aging frame work will include policies and programs that promote mental health and social connections as well as the improvement of physical health status and life long learning. An active aging frame work engages the entire community including persons with limited English proficiency.

The supportive services system includes programs following concepts conducive to healthy living and active aging for all individuals regardless of whether they are homebound, sedentary or active. Services and programs designed to meet individual needs and desires and offered in the community at various sites including individual homes and in the service site/center. The supportive services system includes focal

points, senior centers, service sites, nutrition sites, and other service venues. The service design and framework includes services for persons who are homebound, sedentary, or active.

The changing needs of older adults require more access to technological applications, life-long learning opportunities, and opportunities for off-site programming in the community for mobile participants, on-site programming for less active participants and access to a variety of opportunities through meaningful quality access services. An array of supportive services will be available to the community. General services in this array include but are not limited to: advocacy, counseling, education, employment, friendly visiting, health promotion, home management, information and assistance, outreach, personal care, recreation, respite, telephone reassurance and transportation.

KIPDA conducted its Title III-B procurement and will realize several changes in the structure of the supportive service network. KIPDA allocated funds to support up to 4 focal points (multipurpose centers), with 2 funded in Jefferson County and one in each of the rural service areas. Further, there were funds allocated to support up to 5 senior centers and the remaining funds to support senior service sites. This procurement was designed to institute changes in services to increase utilization of senior center offerings for not only older senior adults, but also designing programs and services that will be of interest to younger older adults (age 60 – 65). The Focal Points are designed to provide a “one stop” location for family members, caregivers and for seniors for the geographic area it covers. The Focal Point should work collaboratively and through partnerships with other entities within the community to assure its citizen can access needed services. This includes Senior Centers and Service Sites which generally serves a specific geographic area typically identified by zip codes. The major difference between a Senior Center and a Service Site is that Senior Centers also serve as a congregate meal location. Service Sites’ primary function is to reach out to seniors (especially those who are minorities and/or are low socio-economic status) and provide advocacy and counseling services as well as other specialized services. Where necessary, locations that are now designated as service sites will be considered nutrition sites as well if historically seniors have congregated for meals at those designated locations.

KIPDA will partner with eleven (11) different venues to provide these services. The amount of funds currently available to support senior centers and focal point services and senior service sites is approximately: **\$408,000** of Federal and State General funds.

In Jefferson County, it is anticipated that two (2) Focal Points will be in operation to provide and coordinate services in the following Zip codes: **Service Area 1 (ElderServe, Inc.):** 40212, 40214, 40206, 40211, 40118, 40216, 40213, 40258, 40208, 40272, 40209, 40203, 40202, 40210, 40217, 40215, 40204; **Service Area 2 (Jewish Family and Career Services):** 40207, 40222, 40025, 40205, 40242, 40218, 40241, 40219, 40059, 40229, 40223, 40228, 40243, 40291, 40245, 40220, 40299. Senior Centers and Senior Service Sites will provide and coordinate services in a variety of zip codes throughout Jefferson County.

Focal Points and Senior Centers also have access to Title III-D Disease Prevention and Health Promotion funding. These programs and services are designed to facilitate healthy activities, education, and disease prevention strategies for older adults as described in the Title III-D Program description.

TRANSPORTATION

Transportation services designated with Title III-B funds were also procured for services to begin FY 2011. Senior center and non-emergency medical transportation for seniors will be available throughout the KIPDA region. The KIPDA Board has approved contracting with Louisville Wheels for Jefferson County, Tri-County Community Action Agency for the Tri-County area. There is currently a gap in

service in the Multipurpose area which KIPDA staff are attempting to resolve after the original applicant withdrew its application. KIPDA anticipates the continuation of coordinated transportation and will now offer a new voucher pilot program in Jefferson County and other locations as feasible to serve clientele who may have a support network to assist in transportation to the doctor, but needs the support of funds to cover the costs incurred by the driver. The amount available from Federal and State funds to support this effort is approximately \$400,000. KIPDA will also continue to partner with TARC on the continued implementation of a Senior Travel Training Project which supports seniors' use of public transportation.

HEALTH PROMOTION AND DISEASE PREVENTION

KIPDA staff provides health promotion information and education at a variety of venues, radio shows, the Kentucky State Fair, church groups, women's clubs, and community health fairs throughout the region, to spread the wellness message. Various partnerships have been and will continue to be formed to implement fun, exciting, healthy, and life-style changing activities to promote healthy aging. KIPDA recently conducted its procurement for these services and as required by the Administration on Aging and the Department of Aging and Independent Living, KIPDA will continue to support more evidence based programming by providing financial and technical support for evidence based projects. Further, services that were identified and recommended for funding during the next procurement cycle includes: Chronic Disease Self Management, Smoking Cessation and Arthritis Exercise Programming; Medication management services; Weight Management programs and driver training to support the safety of older drivers in our communities. Other initiatives, contingent upon the availability of funding may include smoking cessation and support of senior games.

KIPDA will continue to provide technical assistance and financial support for health screenings to "home bound" seniors living in apartments. Staff promotes health and wellness activities that focus on exercise and weight loss and the subsequent benefits through a variety of activities in the region; we want seniors to find an activity they will enjoy. We provide financial and technical support of the Regional Senior Games (Louisville); help qualified seniors compete in the Senior State Games, and prepare for the National Senior Games. KIPDA continues to promote the principals of the "Get Moving Kentucky" project as well as the Louisville-Metro Mayor's "Healthy Hometown Movement".

KIPDA has recommended the continued support of the regions "Medication Disposal Program" to be implemented in Jefferson County and now in portions of the rural area. Some of the region's focal points and senior centers will host medication management programs. Pharmacists, nurses, and doctors will provide the services. Most programs will focus on specific chronic disease topics selected by the participants. The overall goal is to improve quality of life and increase functionality for older adults who participate. It is estimated that KIPDA will fund at least 8 providers offering a variety of programs throughout the region with a projected Federal and State budget of \$108,000 during FY 2011.

LEGAL SERVICES

The Legal Aid Society, Inc., 425 Muhammad Ali Blvd., Louisville is recommended to continue to provide Legal Services to persons 60 and older in the region. The funding for FY 2010 is projected to be, \$25,000, during FY 2011 as a result of the procurement conducted for services beginning July 1, 2011. The Legal Aid Society, Inc. will provide legal assistance to seniors age 60 and older with an emphasis on providing services for low-income seniors. Additionally through the Title III-E and KY Caregiver procurement, the Legal Aid Society will provide legal services targeting caregivers and grandparents raising grandchildren. The type of legal assistance will include matters such as housing, abuse, financial assistance, custodial and guardianship

cases and other related issues. They have a well-developed referral network which includes judges, court clerks and social services providers.

FINANCIAL MANAGEMENT

GuardiaCare Services, Inc. located at 215 W. Breckinridge Street in Louisville is the provider to deliver financial management services for FY2011, through the end of the procurement period. GuardiaCare offers a representative payee program and guardianship services for many seniors, including many of the minority elderly in the west end of Louisville. GuardiaCare serves approximately 60 seniors through the representative payee and other services approved by the courts such as court appointed Guardian, Conservator, Curator and/or Trustee. Older Americans Act Funds will be used to target persons 60 and older who require assistance, as specified through an assessment process, in managing their personal finances, end of life decisions and creation of living wills or power of attorney documents. In addition to financial management GuardiaCare provides participants with case management and assessment, legal assistance, housing assistance, assist with completion of applications for public assistance and other services needed to ensure the participant resides in a safe and healthy environment. The FY 2011 allocation to GuardiaCare for Financial Management will be **\$47,000** (Federal and State funds).

LONG TERM CARE OMBUDSMAN SERVICES/ELDER ABUSE PREVENTION SERVICES

Catholic Charities provides the Long Term Care Ombudsman and Elder Abuse services to the region. This organization will receive **\$192,448** in Older American Act and State General funds to assist with continuing those programs. These programs ensure that a team of trained Ombudsmen are available to advocate on behalf of older adults residing in long term care facilities. The Ombudsmen advocate for residents rights and the prevention of Elder Abuse.

Responding to and resolving complaints are the primary function of the ombudsman's job. Residents are informed about the means of obtaining services to assist them in protecting their health, safety, welfare, and rights through Ombudsman Posters in every long-term care facility that has the State Ombudsman name, address, and phone number on it, along with the name and address of the District Ombudsman. There are copies of *Your Rights* for residents in long-term care facilities, along with personal care residents' rights. In addition, in-service training on these issues is performed by the ombudsmen or AAAIL staff to training and support groups of caregivers, and to the various providers in the area who are required to coordinate with the Ombudsman Program. Newsletters are also used to inform residents and family members of Ombudsman services.

The District Ombudsman participates in various offers presentations to residents' councils, family councils, and facility staff as well as civic groups about long term care issues. Members of the LTC Advisory Council and volunteer ombudsman also spread the word through informal gatherings or other committee meetings they attend. In addition to the presentations, there are occasional articles in the LG&E Connection, Communiqué (Louisville Metro Human Services), local newspapers, newsletters of facilities, senior centers and non-profit agencies, etc. The AAAIL publicizes the program through its brochures, newsletter, Savvy Senior radio show, I&A referrals and presentations. The website www.medicare.gov is constantly publicized to the general public and is used by staff to obtain information on the latest licensure report, etc.

Title VII funds are used to expand the local ombudsman services by allowing the ombudsman staff to visit every long-term care facility in the KIPDA region at least once a year. Staff promotes awareness and education of elder abuse prevention in the community, family care homes, personal care homes and nursing facilities by doing in-services at the facility's request and speaking to groups (i.e. health fairs, civic and

church groups, etc.) at their request. The District Ombudsman, ombudsman staff and certified volunteers will be providing these services.

NUTRITION PROGRAM FOR THE ELDERLY

The Nutrition Program for the Elderly is funded through the Older Americans Act, Title III-C and NSIP (Nutrition Services and Incentive Program). The program is implemented region-wide in accordance with KAR 910 1:190. For several years, Louisville-Metro Government's, Department of Housing and Family Services, through its Nutrition Program, has been responsible for the implementation of all components of this program for the entire region. However, the recent procurement of the program will change primary entities for implementation of components of the NPE. The procurement was designed in accordance with recommendations that were garnered from the NPE Workgroup of the Advisory Council, comments at community meetings, surveys of the provider network, and survey of NPE recipients and waitlist. Through the procurement process, a contract was awarded to one meal vendor, Masterson's Food and Drink, for the preparation of meals and the service delivery component (assessment for home delivered and serving or delivering meals) will be conducted by Louisville Metro Government, Multipurpose Community Action Agency and Tri-County Community Action Agency. Numerous congregate sites have been established throughout the region with targeted locations to also package and initiate the delivery of meals for homebound persons. The service includes both congregate and home delivered meals from approved sites and coordinates with other supportive services at the sites including required monthly nutrition education programs, and nutrition counseling as necessary. Currently, the NPE provides hot, cold, shelf stable and frozen meals. To be considered reimbursable, all meals served in the NPE must meet the new Kentucky Menu Planning Guidelines, comply with temperature rules, and be served within Kentucky's three hour rule.

It is projected that a total of **\$1,443,819** will be available to carry out both the congregate and home delivered meal services during FY 2010. It is also anticipated the Federal funds will be awarded through the American Recovery and Reinvestment Act (ARRA) for both congregate and home delivered meals for eligible persons region-wide. Nutrition Services Incentive Program (NSIP) funds is an additional source of funds that historically has been available for the purchase of additional meals and is anticipated to continue in FY 2010 at approximately **\$238,170** available to purchase approximately 69,065 meals. NSIP funds are intended to expand nutrition services to eligible populations. It is the goal of KIPDA to assure that the NPE-for both congregate and home-delivered meals-is accessible to all eligible populations throughout the region. Some NSIP funds will be targeted to support expanding the NPE to eligible populations who could not otherwise gain access to meals (i.e. clients who live outside the three hour rule and/or live in an area where volunteer deliverers are not available).

The Nutrition Program for the Elderly, funded through Kentucky General Funds, provides seven-day frozen meal packs to eligible Homecare clients region wide. Approximately **\$265,462** of Homecare funds will be allocated for meals. KIPDA case managers assess and prioritize these clients and G.A. Food Service Inc delivers weekly. These meals meet the new Kentucky Menu Planning Guidelines and are the only ones currently served in the region that do so. G.A. Food Service Inc produces, packages, freezes, and stores the meals in its HACCP driven USDA inspected facilities. Client satisfaction with meals and service is extremely high for this service. Home care clients lacking the abilities or facilities to accommodate frozen meals are referred to the NPE hot home delivered meal program; this number remains small.

FAMILY CAREGIVER PROGRAM

Older Americans Act funds are appropriated for the Family Caregiver Program for the purpose of developing a comprehensive system of services and care to family caregivers. Although development continues, KIPDA has established its provider network serving family caregivers through a variety of programs and services

such as support groups, training and education through community and workplace initiatives, information and referral, counseling and respite. KIPDA also manages supplemental services to meet their individual needs and provides information and assistance services through health fairs, caregiver trainings, and more. In addition to the KIPDA voucher program offered to caregivers throughout the region, KIPDA supports five Family Caregiver Projects in the region. These providers offer support groups, training, counseling, and respite services to caregivers. It is anticipated that \$329,272 of federal funds will be available to continue supporting these projects. Contingent upon the outcome of the State Legislative Session, additional State funds may be available for services to specific populations. If appropriated, KIPDA will seek additional services consistent with the guidelines established for those funds.

GRANDPARENTS RAISING GRANDCHILDREN

The State funds the Kentucky Caregiver program for the purpose of assisting grandparents with the primary responsibility of raising their grandchildren. The goal of the Kentucky Caregiver Program also known as the KIPDA Grandparent Raising Grandchildren Program is to provide Supplemental and Supportive services to eligible grandparents who are providing full-time care in the absence of both parents for a grandchild related by birth, marriage or adoption.

Supplemental services include the KIPDA voucher program which awards grants to eligible grandparents for the purchase of their grandchild's immediate needs, such as clothing, furniture, respite services and medical/dental services (if the child is not a recipient of Passport Health Insurance). Supportive services includes information and access to a variety of community services, counseling, support groups, and training that are available to eligible grandparents. KIPDA has also established a provider agreement with Legal Aid Society to provide legal assistance to grandparents who are seeking guardianship, custody and/or adoption.

Eligibility criteria for the Kentucky Caregiver Program is outlined in the State Regulation KAR 1:260 which states that a grandparent seeking services must meet the following: (a) be a Kentucky resident, (b) be the primary caregiver for the grandchild, (c) be related to the grandchild by birth, marriage or adoption, (d) shall not reside in the same household with the grandchild's parents, (e) not receive a monthly payment from Kinship Care program and (f) not exceed an annual household income of 150% of the federal poverty level.

It is anticipated that \$327,130 of State General Funds will be available to continue providing services for Grandparents Raising Grandchildren. Contingent upon the outcome of the State Legislative Session, additional State funds may be available for services to specific populations. If appropriated, KIPDA will seek additional services consistent with the guidelines established for those funds.

HEMECARE

Kentuckiana Regional Planning and Development Agency (KIPDA) is responsible for implementing a comprehensive and effective in-home services program for home-bound seniors pursuant to KRS 194A.050, 205.204(2) and KAR 910 1:180. The intent of the HomeCare Program is to prevent unnecessary institutionalization of functionally impaired older persons and maintaining those eligible for services in the least restrictive environment, excluding residential facilities. HomeCare is a program aimed at identifying and serving elderly Kentucky citizens who are either at risk of becoming institutionalized in a long-term care setting or who are currently in such a facility and have a desire to return to their home and community. A

key element of HomeCare is that each client is accepted into the program only after undergoing an assessment, using a standardized instrument, being certified by the assessment agency, and being case managed by a qualified individual who has sole authority to order HomeCare services. Another key element of the program is each client has the opportunity to choose an in-home service provider from a network of providers of Homecare Services for the majority of the primary in-home services.

The following services are available through the HomeCare Program: assessment, case management, homemaker, chore, personal care, respite, escort (transportation), and home delivered meals. During FY 2009, KIPDA did sustain a budget reduction of which Homecare services were impacted. However, in FY 2010, those funds were restored. It is anticipated at this time that funding will remain at the FY 2010 amount of \$3,744,509 during FY 2011. KIPDA Division of Social Services' Homecare Unit provides assessment and case management services. The following is a list of providers or vendors recommended to continue services for homebound seniors for fiscal year 2011:

Provider	Services	Counties Served
ElderServe, Inc.	Homemaker, Personal Care, Escort, Respite, Chore	Louisville-Metro (Jefferson County)
ResCare, Inc.	Homemaker, Personal Care, Escort, Respite, Chore	Jefferson County
Lifeline	Homemaker, Personal Care, Escort, Respite, Chore	Region-Wide
Multi-Purpose	Homemaker, Personal Care, Chore, Escort, Respite,	Bullitt, Shelby & Spencer
Tri-County	Homemaker, Personal Care, Escort, Respite, Chore	Henry, Oldham, Trimble
Gould's Medical Supply	Emergency Personal Response Systems	Region-Wide
Home Delivery Incontinent Supplies, Inc.	Incontinent Supplies for seniors with bladder problems/ incontinence.	Region-Wide
GA Food Services, Inc.	Home Delivered Meals	Region-Wide

***The Homecare program operates through an assessment process and once eligible, clients have a choice of providers from which to choose their services. Therefore, providers are not guaranteed a set contract amount or maximum number of units. Units are ordered according to client care plan.**

CONSUMER DIRECTED OPTIONS WAIVER SERVICES

The Consumer Directed Option (CDO) allows eligible Medicaid waiver members to choose their own providers for non-medical waiver services. CDO is being offered for Kentucky Medicaid Waiver members who currently receive or become eligible to receive services through the Home and Community Based waiver (HCB), Supports for Community Living waiver (SCL), and the Acquired Brain Injury waiver (ABI).

A Support Broker is required for all members participating in CDO. The Support Broker acts as the Case Manager for members who choose CDO and will be responsible for monitoring on a monthly basis. The Support Broker will train the participants and their employees. Financial management is required for all individuals participating in the consumer directed option. An individualized budget will be provided to the member to negotiate services under CDO.

The CDO program also includes the potential for assessment and reassessment. Waiver recipients are able to choose the provider they desire to conduct their assessment or reassessment. If the KIPDA AAAIL is chosen, the SB will conduct the assessment or reassessment for the waiver recipient choosing or already enrolled in the Consumer Directed Option.

ADULT DAY CARE

KIPDA utilizes a network of Adult Day Programs in Jefferson County and two of the outlying counties to provide Adult Day Services to our most vulnerable seniors. Adult Day Services are provided to an eligible adult in a supportive and therapeutic program of supervision and care during a part of the day, but for less than twenty-four (24) hours, including, but not limited to, personal care services, self-care training, social activities, and recreational opportunities. The following are descriptions of the various models of Adult Day Services that are provided:

Adult Day Center (Social Model) – A certified community based center for frail, emotionally or physically impaired adult participants to attend with structured activities provided daily. A center must be open at least three days a week, four (4) hours but less than 24 hours in a 24-hour period in order to qualify for reimbursement.

Adult Day Health Center - A KCHEC licensed center which provides personal, medical, health, and emotional care for dependent adults in a supervised congregate setting. A center must be open at least three days a week, four (4) hours but less than 24 hours in a 24-hour period in order to qualify for reimbursement.

Alzheimer's Respite Center - A therapeutic social program of supervision and care provided to a participant with Alzheimer's disease or related dementing disease to enable the caregiver temporary relief from caregiving duties. The center must be either certified or licensed depending on the type of center it is. A center must be open at least three days a week, four (4) hours but less than 24 hours in a 24-hour period in order to qualify for reimbursement. Although a center may be located in a specific county, participants from any part of the region may attend the center of their choice.

Total projected funding for Adult Day Care Services during Fiscal Year 2010 **\$610,476** with the following organizations selected to deliver services:

Jefferson County –ElderServe, Inc., Alternative Adult Day Care, Ferncreek-Highview Ministries, Guardiacare Services, Inc., Highlands Community Ministries, Southwest YMCA, and South Louisville Community Ministries.

Shelby County – Multipurpose Community Action Agency

Oldham County - Tri County Community Action Agency

PERSONAL CARE ATTENDANT PROGRAM

The Personal Care Attendant Program (PCAP) is provided by the qualified agency, The Center for Accessible Living, for individuals age 18 years or older who have lost the functional use of two or more limbs. The service area that the Center for Accessible Living covers includes Henry, Jefferson, Oldham, Shelby, Spencer and Trimble.

Eligibility is determined by a three person assessment team may consists of the PCAP Coordinator, occupational or physical therapist, registered nurse, director of the local qualified agency, fiscal officer of the local qualified agency, mental health provider, in-home services coordinator, or any other entity involved in the participant's care. Once approved, the Coordinator will provide technical assistance regarding interviewing attendants, completing and filing tax forms for the attendant, etc to the consumer. On the average, a consumer receives approximately 30 hours per week of attendant care. The Center for Accessible Living is responsible for payment of the attendant based on time sheets submitted by the consumer. Consumers remain on the program until removed due to ineligibility, permanent placement in a residential setting or death.

The projected amount of funds available to provide Personal Care Attendant services throughout the KIPDA region for FY 2011 is projected to be \$895,953 as funded in FY 2010.

STATE HEALTH INSURANCE PROGRAM

The State Health Insurance Program (SHIP) provides information, counseling, and assistance to seniors, people with disabilities, their family members, and their caregivers. SHIP's goals are to help consumers understand Medicare, Medicaid, Low-Cost Prescription Programs, Long-Term Care Insurance, etc. SHIP provides benefits counseling by telephone or in person, provides presentations to community groups, and provides printed materials and information and referrals to appropriate resources.

The KIPDA Counseling Corps is the foundation of the SHIP services. The KIPDA Counseling Corps (volunteer/in-kind/staff counselors) includes a variety of counselors throughout the region, members of the community, AAA Advisory Council Members, all KIPDA senior center providers, Homecare Case Managers and support staff, KIPDA Social Services Planners, health providers, community ministry staff, housing managers, etc. Counselors are required to attend annual SHIP training and updates as necessary. KIPDA continues to develop a comprehensive, coordinated approach for information, assistance, referral, benefits counseling and legal services for all seven counties in the region. The Information and Assistance Planner coordinates the SHIP services for the KIPDA region. Each county has at least one counseling site with scheduled/posted times where counseling is available during week days. It is KIPDA's intention to ensure counseling is available outside of traditional working hours in order to reach not only retired seniors but those persons who may work as well as caregivers with busy schedules. No less than 3 volunteers will be maintained in each county to ensure adequate access to counseling and assistance is available as well from

SHIP trained counselors at each focal point in the region. The projected amount of funds available to provide benefits counseling and SHIP assistance for 2011 is **\$83,425**.

MIPPA – Medicare Improvements for Patients and Providers Act:

*Funds were allocated by DAIL to provide special MIPPA (Medicare Improvements for Patients and Providers Act) grant services beginning in FY 2010 with particular emphasis and opportunities geared toward serving persons who may qualify for low-income assistance subsidies through Social Security. KIPDA received an allocation of **\$69,905** for fiscal years 2010 and 2011 to provide region wide outreach and enrollment events to target and assist low income Medicare beneficiaries to apply for the Low Income Subsidy assistance available to through the Social Security Administration. It is expected that upon completion of the grant, 767 beneficiaries will be enrolled to receive the low income subsidy assistance, 59 outreach events will take place, 5 technical assistance training events will be completed, 59 planned enrollment events will occur and 23 enrollment centers will participate in this program through the duration of the grant which will expire May, 2011.*

IN-HOME EMERGENCY SERVICES PROGRAM

The In-Home Emergency Services Program is a pilot project designed to provide temporary/short term services to persons sixty (60) years of age or older who live at home. Services include homemaking, chore services, personal care, escort, home delivered meals, respite, and Adult Day Care. The services will not extend beyond eight (8) weeks. These services do not require medical supervision, but are directed at maintaining, strengthening or safeguarding the functioning of the client in order for them to remain in their home. This program's intent is to prevent deterioration of health, interference in continuum of care and premature nursing home placement. Clients shall be monitored on a regular basis to ensure quality of care and the need for emergency services. During Fiscal Year 2010, it is anticipated that approximately **\$35,000** will be designated to provide emergency in-home services.